

FOR NEW RESEARCH STUDY!

We are investigating the effects of a novel physical therapy program in individuals with knee pain

We're looking for research volunteers who:

- Are 19-30 years old
- Have a history of knee pain
- Are not currently participating in rehab

Interested? Please reach out to Creighton Physical Therapy faculty, Dr. Abbis Jaffri:

We're looking for research What does participation look like?

- 3 visits to the PT Department at Creighton University
- Home exercise program
- Health related questionnaires about knee pain, function, and mental health
- Strength, range of motion, and balance assessments



